**Kettlefields Primary School PSHE Long Term Plan**

**Two Year Rolling Plan (Years A and B)**

(Using Cambridgeshire Personal Development Programme)

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| Years A and B | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Reception  Repeat A and B | Myself and my relationships  Beginning and Belonging  Myself and my relationships  My family and friends | Myself and my relationships  My Emotions | Citizenship  Identities and diversity | Citizenship  Me and my world | Healthy and safer lifestyles  My body and growing up  Healthy and safer lifestyles  Keeping safe (including drug education) | Healthy and safer lifestyles  Healthy lifestyles |
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| Year 1/2  Year A | Beginning and Belonging  Rights, Rules and Responsibilities | Family and Friends | Managing Risks | Valuing Difference | Personal Safety  Growing and Changing | Working Together |
| Year 1/2  Year B | Beginning and Belonging  Rights, Rules and Responsibilities | Financial Capability  (Christmas Fayre) | My Emotions | Valuing Difference | Safety Contexts  Growing and Changing | Managing Change |
| Year 3/4  Year A | Myself & My Relationships Family and Friends  (FF 3/4) | Myself & My Relationships Anti-bullying (AB 3/4)  Economic Wellbeing Financial Capability (FC 3/4) – Christmas fayre project | Myself & My Relationships Managing Change  (MC 3/4) | Citizenship Rights, Rules & Responsibilities  (RR 3/4) | Healthy & Safer Lifestyles Drug Education (DE 3/4)  Healthy & Safer Lifestyles Personal Safety (PS 3/4) Linked to Computing | Healthy & Safer Lifestyles Relationships and Sex Education  (RS 4) |
| Year 3/4  Year B | Myself & My Relationships Beginning and Belonging (BB 3/4)  Healthy & Safer Lifestyles Healthy Lifestyles (HL 3/4) | Citizenship Diversity and Communities (DC 3/4) | Myself & My Relationships My Emotions (ME 3/4) | Citizenship Working Together (WT 3/4) Link to performance. | Healthy & Safer Lifestyles Digital Lifestyles (TG Digital Lifestyles)  Healthy & Safer Lifestyles Managing Safety and Risk  (MSR 3/4) | Healthy & Safer Lifestyles Relationships and Sex Education  (RS 3) |
| Year 5/6  Year A | Myself & My Relationships Family and Friends (FF 5/6) | Myself & My Relationships Anti-bullying (AB 5/6)  Economic Wellbeing Financial Capability (FC 5/6) – Maths link | Citizenship Rights, Rules & Responsibilities  (RR 5/6) | Healthy & Safer Lifestyles Personal Safety (PS 5/6)  Myself & My Relationships Beginning and Belonging (BB 5/6) | Myself & My Relationships Managing Change (MC 5/6)  Healthy & Safer Lifestyles Drug Education (DE 5/6) | Healthy & Safer Lifestyles Relationships and Sex Education  (RS 6)  Healthy & Safer Lifestyles Relationships and Sex Education  (RS 5) |
| Year 5/6  Year B | Myself & My Relationships Beginning and Belonging (BB 5/6)  Healthy & Safer Lifestyles Managing Safety and Risk (MSR 5/6) | Citizenship Working Together (WT 5/6)  Healthy & Safer Lifestyles Digital Lifestyles (TG Digital Lifestyles) | Myself & My Relationships My Emotions (ME 5/6) | Citizenship Diversity and Communities  (DC 5/6) | Healthy & Safer Lifestyles Digital Lifestyles (TG Digital Lifestyles) | Healthy & Safer Lifestyles Relationships and Sex Education (RS 6)  Healthy & Safer Lifestyles Relationships and Sex Education (RS 5) |