PE OVERVIEW

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| CLASS | AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
| YEAR A | | | | | | |
| **Robins** | Fundamentals Unit 1 | Fun gym – shapes | Fun gym – shapes  Dance – On parade | Gymnastics – Move and hold  Dance - toys | Athletics  Outdoor games | Athletics  Outdoor games |
| **Kingfishers** | Gymnastics – Jumping Jacks  Dance – Moving words | Dance – superheroes  Gymnastics – Jumping Jacks | Games unit 1  Dance - weather | Games unit 2 | Athletics  Outdoor games – rackets | Athletics  Outdoor games – fielding and striking |
| **Woodpeckers** | Gymnastics (apparatus) – Rotation and Balance  Dance – The solar system | Dance – cold places  Ball handling skills (football) | Invasion games – Ball on the ground (hockey) | Fielding and striking games | Athletics – pentathlon  Swimming | OAA  Swimming |
| **Peregrines** | Invasion games – Football  Gymnastics – Pair competitions | Invasion games – Hockey  Dance – Dance styles | Invasion games – Rugby  Gymnastics – press and go | Invasion games – netball  Dance – on the beach | Athletics – heptathlon  Rounders/cricket | Athletics – heptathlon  OAA – Co-operation, communication and consideration |
| YEAR B | | | | | | |
| **Robins** | Fundamentals Unit 2 (y1) | Gymnastics (y1) – jumping Jacks  Dance – Moving words | Games – Unit 1 (y1)  Dance - weather | Games – unit 2 (y1) | Athletics  Striking and fielding games (outdoor games) | Athletics  Striking and fielding games (outdoor games) |
| **Kingfishers** | Dance – Magical Friendships  Gymnastics – Ball, tall and wall | Dance – Fire of London  Gymnastics – Points of contact | Multi-skills – Unit 1 | Multi-skills – Unit 2 | Athletics  Outdoor games | Athletics  Outdoor games |
| **Woodpeckers** | Gymnastics – Patterns and pathways  Dance – Rugby Haka | Dance – Machines  Gymnastics – Hand apparatus | Games – ball handling - basketball | Games – Fielding and striking games | Games – Fielding and striking games – cricket  Swimming | Athletics – Challenges  Swimming |
| **Peregrines** | Dance – The Match  Invasion games - Football | Gymnastics – Body symmetry  Invasion games - Hockey | Invasion games – Tag Rugby  Gymnastics – Group work | Invasion Games – Netball  Dance – Why bully me? | Athletics – Decathlon  Rounders/Cricket | Athletics – Decathlon  OAA – Co-operation, communication and consideration |