PE OVERVIEW

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| CLASS | AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
| YEAR A |
| **Robins** | Fundamentals Unit 1 | Fun gym – shapes | Fun gym – shapesDance – On parade | Gymnastics – Move and holdDance - toys | AthleticsOutdoor games | AthleticsOutdoor games |
| **Kingfishers** | Gymnastics – Jumping JacksDance – Moving words | Dance – superheroesGymnastics – Jumping Jacks | Games unit 1Dance - weather | Games unit 2 | AthleticsOutdoor games – rackets  | AthleticsOutdoor games – fielding and striking |
| **Woodpeckers** | Gymnastics (apparatus) – Rotation and BalanceDance – The solar system | Dance – cold placesBall handling skills (football) | Invasion games – Ball on the ground (hockey) | Fielding and striking games | Athletics – pentathlonSwimming | OAASwimming |
| **Peregrines** | Invasion games – FootballGymnastics – Pair competitions | Invasion games – HockeyDance – Dance styles | Invasion games – RugbyGymnastics – press and go | Invasion games – netballDance – on the beach | Athletics – heptathlonRounders/cricket | Athletics – heptathlonOAA – Co-operation, communication and consideration |
| YEAR B |
| **Robins** | Fundamentals Unit 2 (y1) | Gymnastics (y1) – jumping JacksDance – Moving words | Games – Unit 1 (y1)Dance - weather | Games – unit 2 (y1) | AthleticsStriking and fielding games (outdoor games) | AthleticsStriking and fielding games (outdoor games) |
| **Kingfishers** | Dance – Magical FriendshipsGymnastics – Ball, tall and wall | Dance – Fire of LondonGymnastics – Points of contact | Multi-skills – Unit 1 | Multi-skills – Unit 2 | AthleticsOutdoor games | AthleticsOutdoor games |
| **Woodpeckers** | Gymnastics – Patterns and pathwaysDance – Rugby Haka | Dance – MachinesGymnastics – Hand apparatus | Games – ball handling - basketball | Games – Fielding and striking games | Games – Fielding and striking games – cricketSwimming | Athletics – ChallengesSwimming |
| **Peregrines** | Dance – The MatchInvasion games - Football | Gymnastics – Body symmetryInvasion games - Hockey | Invasion games – Tag RugbyGymnastics – Group work | Invasion Games – NetballDance – Why bully me? | Athletics – DecathlonRounders/Cricket | Athletics – DecathlonOAA – Co-operation, communication and consideration |