



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Reception	Introduction to PE : Unit 1 Introduction to PE : Unit 2	Dance : Unit 1 Dance : Unit 2	Gymnastics : Unit 2 Gymnastics : Unit 1	Fundamentals : Unit 1 Fundamentals : Unit 2	Ball Skills : Unit 1 Ball Skills : Unit 2	Games : Unit 1 Forest School
Year 1	Fundamentals Striking and Fielding Games	Dance Ball Skills	Gymnastics Target Games	Fitness Invasion Games	Team Building Forest School	Athletics Sending and Receiving
Year 2	Forest School Striking and Fielding Games	Dance Ball Skills	Gymnastics Target Games	Fitness Invasion Games	Team Building Fundamentals	Athletics Sending and Receiving
Year 3	Football Cricket	Dance Fundamentals Y3/4	Gymnastics Forest School	Fitness Rugby	Ball Skills Y3/4 Hockey	Athletics Tennis
Year 4	Football Cricket	Dance Forest School	Gymnastics Dodgeball	Fitness Rugby	OAA Hockey	Athletics Tennis
Year 5	Football Cricket	Dance Play Leaders	Gymnastics Dodgeball	Fitness Forest School	OAA Hockey	Athletics Tennis
Year 6	Football Cricket	Dance Yoga	Gymnastics Dodgeball	Fitness Rugby	OAA Hockey	Athletics Tennis